



**Report on International Yoga Workshop Teaching Faculty & Non Teaching staff organized by
Department of Physiology, Yoga Club & IQAC**

Department	Department of Physiology, Yoga club & IQAC
Name of the Program	International Yoga Workshop
Nature of the Program	Quality related program
Topic / Theme (if any)	Yoga for Self and Society
Date(s)	21.06.2024
Venue	Mini Lecture Hall Second floor, Medical College
Time	9.30am – 12.30pm – Teaching Faculty 2.15pm – 3.30pm – Non Teaching Staff
No of Participants/Delegates	21 – Participants(Teaching Faculty) 15 – Participants(Non-Teaching staff)
Instructor's	Mr. M. Ezhilarasu Yoga Sky Trust, Puducherry
Brochure /Circular / Schedule	Annexure 1
Attendance of the Participants	Annexure 2
Certificates of participants (1)	-
External Communication through mail (if any external speakers)	-
Voucher copy of remuneration given to external speakers	---



srivenkateshwararaa
Medical College Hospital and Research Centre

CREATING HEALTHIER SOCIETY

Ariyur, Puducherry 605 102.



DAY 2 : 21th JUNE 2024

YOGA WORKSHOP

ORGANIZED BY

**DEPT. OF PHYSIOLOGY
YOGA CLUB & IQAC**

**Venue: Mini Lecture Hall 2nd Floor College Block
& Yoga Lab**



srivenkateshwararaa
Medical College Hospital and Research Centre
CREATING HEALTHIER SOCIETY
Ariyur, Puducherry 605 102.



Ref.No. 708/Dir./ SVMCH&RC/2024

Date: 20.06.24

CIRCULAR

This is to inform that in commemoration of International Yoga day, the Department of Physiology along with Yoga Club and IQAC has planned for Workshop in Yoga for the Faculty members and staff of our Institution on 21st June 2024 as per the schedule below

Participants	Venue	Timings
Faculty members	Mini Lecture Hall, II Floor, College Block	11.00 PM to 12.00 Noon
Non- teaching staff	Yoga Lab	2.30 PM to 3.30 PM

The head of the departments are informed to motivate and permit their faculty members and staff to take part in the training and benefit from the session.

S. V. S.
20/06/24
DIRECTOR

To

HODs of all Departments

Copy to

Chairman (Mail)

COO

MS

DMSs

Vice Principals (Admin & Academic)

SO, AO, HR(SVGI)

AAO

Guard File



Yoga workshop

Teaching faculty / Non teaching staff

Date: 21/06/2024

Time: Venue: Mini Lecture hall 2nd floor

Teaching faculty: 11.00 AM to 12.00 noon

Non teaching staff: 2.15 PM to 3.30 PM

Theme/ Title: International yoga day 2024
"Yoga Self & Society"

organised by Physiology, Yoga club & IQAC

S.No	Name	Department	Signature
1.	M. EZHILA - RASCI	Guest Speaker	
2.	Dr. K. Tambelem	VP (Acad) HOD Physiology	
3.	Dr. R. Lakshmi	IQAC coordinator Prof. Physiology	
4.	Dr. S. Sri Sri Perumal	NABH Co-ORDINATOR Associate Prof. Psychology	
5.	Dr. Sushmita	Assistant Prof. Micro	
6.	Dr. Barathakrishni	Prof. com. med	
7.	Dr. Karanym	Prof. Pathology	
8.	Dr. Papa Sabarwal	Deem Research	
9.	Dr. Rowanti Neha Baga	SR- Community Medicine, NMC	
10.	Dr. S. Uma Maheswari	Asst. Professor / Pharmacology	
11.	Dr. J. Thaminthamathi	Senior Resident / CMI	
12.	Dr. Jonathan	Prof / Path	
13.	Dr. Binjadaraseeni	AP / Micro	
14.	Dr. A. Revathy	AP / Biochem	
15.	Dr. Jayanale A. K.	Prof / physiology	
16.	S. Prithvika	Stata / Microbiology	
17.	Dr. K. Revathi	Research cell	
18.	Dr. Riga Rani Kesh	Asst. Prof / ophthalmology	
19.	Dr. E. Logeswari	Research Associate	
20.	Dr. Kavitha	Asst Prof / Physiology	
21.	Dr. R. Meena	Asst Prof / Physiology	



Nov - Teaching Staff attendance 21/06/2024

No	Name	Department	Signature
22	B. Hemalatha	Biochem: R.Hj	
23	K. Muniamma	Biochemistry	K.H
24	S. Tamilselvi	Director office	S.T
25	P. Anitha	Director office	P.A
26	L. Balachandran	MRD - DEO	L.B
27	R. Ashok Kumar	MRD - MRD	R.A
28	R. SRIDHAR.	IT	R.S
29	K. Meelavathi	physiology	K.M
30	M. Vasanthi	Physiology	M.V
31	R.N. Jagadheeswari	DEAC DEO	R.N
32	T. Diviya	Director office	T.D
33	S. Purnika	Director office	S.P
34	J. Reshma	Microbiology	J.R
35	D. Rajarajeshwar	Anatomy	D.R
36	B. Vengalaxan	Pharmacy	B.V



srivenkateshwarraa
 Medical College Hospital and Research Centre

CREATING HEALTHIER SOCIETY

Ariyur, Puducherry 605 102.





srivenkateshwaraa
Medical College Hospital and Research Centre

CREATING HEALTHIER SOCIETY

Ariyur, Puducherry 605 102.



IQAC Coordinator

VP (Acad) & HOD of Physiology

Director



srivenkateshwaraa
Medical College Hospital and Research Centre

CREATING HEALTHIER SOCIETY

Ariyur, Puducherry 605 102.

